



Policy & Politics

MISSISSAUGA BOARD OF TRADE

Volume 6 - July 15, 2010

Upcoming Events

July 2010

26 [Mississauga Business Xchange](#)

August 2010

23 [Politicians Appreciation](#)

[Go to mbot.com](#)

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MUNICIPAL NEWS & EVENTS

Mississauga Chinese Arts Festival 2010 at the Mississauga Living Arts Centre
[- click here -](#)

FEDERAL NEWS & EVENTS

Canadian Trade Commissioner Service Host Webinar for Exporters to help Mitigate Currency Risk
[- click here -](#)

PROVINCIAL NEWS & EVENTS

Ontario Economy Grows for Third Consecutive Quarter
Local Residents between the ages of 35 to 69 asked to participate in something BIG!
[- click here -](#)

BUSINESS MARKETPLACE

Ad spaces available - see below for details!
[- click here -](#)

MUNICIPAL NEWS & EVENTS

Mississauga Chinese Arts Festival 2010 at the Mississauga Living Arts Centre

The 6th annual Mississauga Chinese Arts Festival (MCAF) will be taking place on Saturday July 24th and Sunday July 25th, at the Mississauga Living Arts Centre and Living Arts Centre Park. The event is hosted by the Mississauga Board of Chinese Professionals & Businesses (CPB).

MCAF is a two-day event that showcases and shares Chinese culture & heritage with the local community. The festival runs from 11 a.m. to 7 p.m. on Saturday and from 12 p.m. to 8 p.m. on Sunday – it includes an assortment of artistic performances, activities and a spread of delicious Asian cuisine.

This year's activities include:

- Feng Shui
- Chinese opera
- Bonsai & Orchid exhibits
- Folk dance
- Chinese chess & games
- Tai Chi
- Presentations on traveling to China
- and many more!

Due to its popularity, the MCAF Singing Contest will return for the second year – eight artists will perform at a pre-show on Saturday evening, followed by final presentations on Sunday.

Underground parking and admission to MCAF is free and open to guests of all ages. It is a great event to bring the whole family to as there will be free gifts, many unique activities and the chance to be exposed to many aspects of Chinese arts and culture. For more information about the event, please visit www.chineseartsfestival.com.

FEDERAL NEWS & EVENTS

Canadian Trade Commissioner Service Host Webinar for Exporters to help Mitigate Currency Risk

If you are currently doing business in the US, other foreign markets or thinking about doing business abroad, currency changes are a definite risk factor.

In an effort to limit the negative results of currency movement, the Canadian Trade Commissioner Services is hosting a webinar to help companies mitigate such risks. Click [here](#) to register for this free webinar, ***Improving your bottom line through better foreign exchange management***. It is on Thursday, July 22 from 1:00 pm to 2:00 pm and will allow companies to:

- learn simple tools to manage foreign exchange risk; and
- learn how to reduce costs related to foreign exchange and hence improve the bottom line.

The webinar will have presentations from Knightsbridge Foreign Exchange, the Canadian Consulate General in Miami and the Trade Commissioner in Ottawa and will be followed by a Q&A period. Registration deadline is July 21st, 2010.

PROVINCIAL NEWS & EVENTS

Ontario Economy Grows for Third Consecutive Quarter

Figures by the Ontario government show that the province experienced continued strong growth in the first calendar quarter of 2010, as real Gross Domestic Product (GDP) grew at an annualized rate of 6.2 per cent. This is the third consecutive quarter of growth in Ontario.

Economic growth in the quarter was broadly based, with exports, consumer spending, housing construction, business investment and government all providing support. Notable gains across industries include manufacturing, construction and wholesale trade.

A key component of the five-year Open Ontario plan, the Ontario government has also taken the initiative to make Ontario more competitive by lowering income taxes for individuals and businesses, and moving to a Harmonized Sales Tax (HST). This will lead to increased business investment and help create nearly 600,000 net new jobs across Ontario, over the next 10 years.

Local Residents between the ages of 35 to 69 asked to participate in something BIG!

On July 24th, 2010, the OHS – *Ontario Health Study* – will close its local assessment centre at 55 City Centre Drive. There have been over **5,000** generous volunteers who have already participated in the OHS, but before the doors close for good in a couple of weeks, Cancer Care Ontario would love to see more local residents come out and register for the OHS.

The OHS assessment centre on City Centre Dr. opened in March 2009 and is one of only three in Ontario. The goal is to register 8,000 participants from the local community by July 2010.

Volunteers will be provided with helpful information regarding their personal health, as well as the satisfaction of coming together to potentially find a cure for many chronic illnesses.

Participants must be between the ages of 35 and 69 and will be asked to provide information such as, name and address, Ontario Health Card number and date of birth. Participants will then be asked to fill out a questionnaire about their health and to supply information about where they live. Physical measurements will be taken and urine and blood samples will be collected.

Participants' information will be kept secure and confidential and will be used by scientists to

research ways to help put a stop to chronic diseases.

Please take the time to think about how your participation will contribute to the quality of life and to future generations' health. The assessment centre at 55 City Centre Dr. will close on July 24th so get out soon and do your part!

To learn more about the study and for information about how you can participate, visit www.ontariohealthstudy.ca or call 1-866-606-0686 to make an appointment.

[Back to top](#)

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[Back to top](#)

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